

# BREAK TIME

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Cheese & Crackers	Granola Bar	Cinnamon Bread	Brioche	Sausage Roll
FRUIT	Fresh Fruit available daily	Fresh Fruit available daily	Fresh Fruit available daily	Fresh Fruit available daily	Fresh Fruit available daily
AFTERNOON SNACK	Scone	Filled Rolls	Muffin	Tray bake	Cookie



# BREAK TIME

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Crumpet	Pinwheel	Toasted Bagel	Pan au Chocolate	Welsh Rarebit
FRUIT	Fresh Fruit available daily	Fresh Fruit available daily	Fresh Fruit available daily	Fresh Fruit available daily	Fresh Fruit available daily
AFTERNOON SNACK	Muffin	Filled Roll	Sausage Roll	Sticky Toffee Rice Krispy roll	Cookie



# BREAK TIME

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Croissant	Banana Bread	Cheese & Crackers	Cheese & Biscuit	Teacake
FRUIT	Fresh Fruit available daily	Fresh Fruit available daily	Fresh Fruit available daily	Fresh Fruit available daily	Fresh Fruit available daily
AFTERNOON SNACK	Lemon Shortbread	Pizza	Filled Rolls	Tray bake	Cookie



# LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Freshly Made Soup & Home Baked Bread with a selection of seeds & toppers				
<b>MAIN MEAL</b>	Vegetable Chilli	Beef & Vegetable Pie	Katsu Chicken Curry	Beef Lasagne	Chip Shop Friday Fish of the Day
<b>MEAT FREE</b>		Vegetable Pasty	Spinach & Paneer Curry	Vegetable Lasagne	Super green Gnocchi
<b>ON THE SIDE</b>	Whole grain Rice, Sweetcorn & Broccoli	New Potatoes, Carrots & Peas	Wholegrain Rice, Roasted Cauliflower & Green Beans	Garlic Bread, Sweetcorn & Cabbage	Chips, Peas, Mushy Peas, Baked, Beans, Curry Sauce, Pickles & Breads
<b>SALAD BAR</b>	Tomatoes, Cucumber, Carrot, Garden salad,	Tomatoes, Cucumber, Carrot, Garden salad	Tomatoes, Cucumber, Carrot, Garden salad	Tomatoes, Cucumber, Carrot, Garden salad	Tomatoes, Cucumber, Carrot, Garden salad
<b>DESSERT</b>	Toffee Apple Crumble & Cream	Sticky Toffee Pudding	Fruit Jelly	Pineapple Upside Cake & Custard	Fruit Salad, Yoghurt & Granola
<b>EVERY DAY</b>	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato
<b>FRUIT &amp; YOGHURT</b>	Cut Fruit Whole Fruit Greek Yoghurt & Toppings	Cut Fruit Whole Fruit Greek Yoghurt & Toppings	Cut Fruit Whole Fruit Greek Yoghurt & Toppings	Cut Fruit Whole Fruit Greek Yoghurt & Toppings	Cut Fruit Whole Fruit

# LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Freshly Made Soup & Home Baked Bread with a selection of seeds & toppers				
<b>MAIN MEAL</b>	Pizza Bar  Pineapple, Mushrooms, Pesto & Peppers	Hoi Sin Beef	Piri Piri Chicken Thigh	Pork Schnitzel	Chicken Shawarma
<b>MEAT FREE</b>		Tofu & Mushroom Teriyaki	Spicy Bean Burger	Leek, Potato & Cheese Crumble	Spinach Falafel
<b>ON THE SIDE</b>	Sweetcorn & Cauliflower	Noodles, Roasted Broccoli & Cauliflower	Vegetable Rice, Macho peas, Corn on the Cob	Roasted New Potatoes, Carrots & Green Beans	Khobez Bread, Cous Cous, Spiced Peas, Pickled Cabbage
<b>SALAD BAR</b>	Tomatoes, Cucumber, Carrot, Garden salad,	Tomatoes, Cucumber, Carrot, Garden salad	Tomatoes, Cucumber, Carrot, Garden salad	Tomatoes, Cucumber, Carrot, Garden salad	Tomatoes, Cucumber, Carrot, Garden salad
<b>DESSERT</b>	Autumn Fruit Crumble	Rocky Road	Jelly	Jam Blondie	Yoghurt Bar & Toppers
<b>EVERY DAY</b>	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato
<b>FRUIT &amp; YOGHURT</b>	Cut Fruit Whole Fruit Greek Yoghurt & Toppings	Cut Fruit Whole Fruit Greek Yoghurt & Toppings	Cut Fruit Whole Fruit Greek Yoghurt & Toppings	Cut Fruit Whole Fruit Greek Yoghurt & Toppings	Cut Fruit Whole Fruit

# LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Freshly Made Soup & Home Baked Bread with a selection of seeds & toppers				
<b>MAIN MEAL</b>	Macaroni Bar	Sausages	Roast Chicken	THEME DAY	Fish Bar
<b>MEAT FREE</b>	Pesto, Olives, Roasted Peppers, Crispy Onions	Vegetarian Sausages	Lentil Roast	THEME DAY	Vegetable Quesadilla
<b>ON THE SIDE</b>	Sweetcorn & Cauliflower	Mashed Potato, Green Beans, Peas & Gravy	New Potatoes, Broccoli, Carrots & Gravy	THEME DAY	Chips, Peas, Baked Beans
<b>SALAD BAR</b>	Tomatoes, Cucumber, Carrot, Garden salad,	Tomatoes, Cucumber, Carrot, Garden salad	Tomatoes, Cucumber, Carrot, Garden salad	Tomatoes, Cucumber, Carrot, Garden salad	Tomatoes, Cucumber, Carrot, Garden salad
<b>DESSERT</b>	Syrup Sponge & Custard	Cheesecake	Sprinkle Cake	THEME DAY	Fruit Salad, Yoghurt & Toppings
<b>EVERY DAY</b>	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato
<b>FRUIT &amp; YOGHURT</b>	Cut Fruit Whole Fruit Greek Yoghurt & Toppings	Cut Fruit Whole Fruit Greek Yoghurt & Toppings	Cut Fruit Whole Fruit Greek Yoghurt & Toppings	Cut Fruit Whole Fruit Greek Yoghurt & Toppings	Cut Fruit Whole Fruit